



Riverside Elementary Breakfast Menu

2	3	4	5	6
LABOR DAY	WELCOME BACK	Nutri-Grain Bar <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>	Trix Yogurt <i>Scooby Sticks Fruit Juice Fresh Fruit Choice of Milk</i>	Pillsbury Cinni Mini Pastry <i>Fruit Juice Fresh Fruit Choice of Milk</i>
9	10	11	12	13
Otis Spunkmeyer Muffin <i>Cheese Stick Fresh Fruit Fruit Juice Choice of Milk</i>	Apple Jacks Cereal Pouch <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>	Pillsbury Apple Fruedel <i>Fruit Juice Fresh Fruit Choice of Milk</i>	Kellogg's WG Fudge PopTart <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>	Bagel w/Cin.Crm Cheese <i>Fruit Juice Fresh Fruit Choice of Milk</i>
16	17	18	19	20
Frosted Flakes Cereal Pouch <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>	Cocoa Puff Cereal Bar <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>	Otis Spunkmeyer Muffin <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>	Pillsbury Mini Maple Pancakes <i>Fruit Juice Fresh Fruit Choice of Milk</i>	WG Rice Krispy Treat <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>
23	24	25	26	27
Kellogg's WG Fudge PopTart <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>	Apple Jacks Cereal Pouch <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>	Bagel w/Strwb. Cr Cheese <i>Fruit Juice Fresh Fruit Choice of Milk</i>	Blueberry Waffles <i>Fruit Juice Fresh Fruit Choice of Milk</i>	Frosted Flakes Cereal Pouch <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>
30				
Otis Spunkmeyer Muffin <i>Cheese Stick Fresh Fruit Fruit Juice Choice of Milk</i>		<i>State requires offering of 1 cup of fruit at breakfast. Additional fruit or juice will be offered at register.</i>		Prices: Paid Breakfast \$0 Reduced \$0 Free \$.0

Breakfast in the Classroom

COST

Free.....0
 Reduced.....\$0
 Full Pay.....\$0

Just stop by the cafeteria when you arrive at school and Grab-a-Bag. It's that easy. Be sure to have the para-educator check your name off.

Fruit and Juice

What do you like? Fresh Apples? Oranges? Bananas?

Choice of Milk

Variety includes low-fat and fat-free choices.

Hello! My name is Ana.

Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.

